

**ADD, CHANGE OR DELETE UNIT, PROGRAM REQUIREMENTS, OR ACADEMIC POLICIES**

**Complete this form consistent with the instructions in Academic Policy 1622.20.** Use the form to add, change, or delete a program or unit or to change program policies. Proposed additions and changes must be consistent with Academic Policies 1100.40 and 1621.10 and any other policies which apply.

**SECTION I: Approvals**

Department / Program Chair _____	Date Submitted _____	Graduate Council Chair _____	Date _____
College Dean _____	Date _____	Faculty Senate Chair _____	Date _____
Honors College Dean _____	Date _____	Provost _____	Date _____
Core Curriculum Committee _____	Date _____	Board of Trustees Approval/Notification Date _____	
University Course and Programs Committee _____	Date _____	Arkansas Higher Education Coordinating Board Approval/Notification Date _____	

**SECTION II: Profile Data - Required Information and Name Change Information**

Academic Unit:       Major/Field of Study     Minor       Other Unit \_\_\_\_\_  Policy

Level:                 Undergraduate       Graduate       Law      Effective Catalog Year 2014-15

Program changes are effective with the next available catalog. See Academic Policy Series 1622.20

Current Name                KINS

College, School, Division EDUC

Department Code HHPR

Current Code (6 digit Alpha) KINSBS

Proposed Code (6 digit Alpha) \_\_\_\_\_  
Prior approval from the Office of the Registrar is required.

Interdisciplinary Program

CIP Code 31.0501  
Prior assignment from Office of Institutional Research is required.

Proposed Name \_\_\_\_\_  
When a program name is changed, enrollment of current students reflects the new name.

**SECTION III: Add a New Program/Unit**

For new program proposals, complete Sections II and VII and use as a cover sheet for a full program proposal as described in 'Criteria and Procedures for Preparing Proposals for New Programs in Arkansas.' ADHE  
[http://www.adhe.edu/divisions/academicaffairs/Pages/aa\\_academicproposals.aspx](http://www.adhe.edu/divisions/academicaffairs/Pages/aa_academicproposals.aspx)

Program proposal uses courses offered by another academic college, and that college dean's office has been notified. The signature of the dean of that academic college is required here: \_\_\_\_\_

**SECTION IV: Eliminate an Existing Program/Unit**

Code/Name \_\_\_\_\_ Effective Catalog Year \_\_\_\_\_

No new students admitted to program after Term: \_\_\_\_ Year: \_\_\_\_\_

Allow students in program to complete under this program until Term: \_\_\_\_ Year: \_\_\_\_\_

**SECTION V: Proposed Changes to an Existing Program or Program Policies**

**Insert here a statement of the exact changes to be made: The program has undergone an extensive self-study to modify a number of courses within the curriculum. 1. Elimination of three courses; PHED 2013 (Basic Skill Analysis), PHED 3022 (Teaching Stunts and Tumbling), PHED 4263 (Professional Issues in Physical Education). 2. Addition of one course; KINS 3573 (The School Health Program). 3. Change in credit hours for six courses, resulting in change of elective hours from three**

to seven. 4. Change in the number or title of three courses. The program is also updating the admission process to reflect the new university-wide admission to teacher education requirements.

**Old Program**

**KINS 2223 Motor Development**

**KINS 3163 Exercise Physiology: Theory and Application**

**or**

**KINS 3153 Exercise Physiology**

**KINS 3353 Mechanics of Human Movement**

**PHED 1003 The PE Profession**

**\*PHED 2013 Teaching Progressions of Basic Skills**

**#PHED 2023 Teaching Progressions of Advanced Skills**

**PHED 3001 Teaching Practicum**

**#PHED 3002 Outdoor Recreation and Experiential Activities**

**\*PHED 3022 Teaching Stunts and Tumbling**

**#PHED 3032 Teaching Rhythms**

**PHED 3043 Teaching Fitness**

**#PHED 3074 Secondary Physical Education**

**PHED 3203 Principles and Problems of Coaching**

**PHED 3373 Elementary Physical Education**

**#PHED 3702 Measurement Concepts in Physical Education**

**PHED 3903 PE for Special Populations**

**#KINS 3373 Philosophical and Sociological Impact on Kinesiology**

**#KINS 4413 Organization, Management, and Marketing Skills in Kinesiology**

**PHED 4023 Classroom Management**

**PHED 407V Internship**

**\*PHED 4263 Professional Issues in Teaching**

**#PHED 4731 Senior Seminar**

**\* Course deleted from new program proposal**

**# Course modified in new program proposal (new course title, course number, or number of credit hours)**

**New Program**

**KINS 2223 Motor Development**

**KINS 3163 Exercise Physiology: Theory and Application**

**or**

**KINS 3153 Exercise Physiology**

**KINS 3353 Mechanics of Human Movement**

**PHED 1003 The PE Profession**

**#PHED 2023 Sport Skills**

**PHED 3001 Teaching Practicum**

**#PHED 3003 Outdoor Education**

**#PHED 3033 Educational Rhythms and Gymnastics**

**PHED 3043 Teaching Fitness**

**PHED 3203 Principles and Problems of Coaching**

**PHED 3373 Elementary Physical Education**

**#PHED 3703 Assessment in Physical Education**

**#PHED 3743 Secondary Physical Education**

**PHED 3903 PE for Special Populations**

**#KINS 3173 Sport in Society**

**\*KINS 3573 The School Health Program**

**#KINS 4413 Administration in Physical Education**

**PHED 4023 Classroom Management**

**PHED 407V Internship**

**#PHED 4733 Senior Seminar**

**\* New Course**

**# Modified course from old program (new course title, course number, or number of credit hours)**

Check if either of these boxes apply and provide the necessary signature:

- Program change proposal adds courses offered by another academic college, and that college dean's office has been notified. The signature of the dean of that academic college is required here: \_\_\_\_\_

- Program change proposal deletes courses offered by another academic college, and that college dean's office has been notified. The signature of the dean of that academic college is required here: \_\_\_\_\_

Check all the boxes that apply and complete the required sections of the form:

- Change of Name and Code (Complete only sections I, II, V and VII.)  
 Change Course Requirements: (Complete all sections of the form except "Proposed Name" in II, section III, and section IV.)  
 Change Delivery Site/Method (Complete all sections of the form except "Proposed Name" in II, section III, and section IV.)  
 Change Total Hours (Complete all sections of the form except "Proposed Name" in II, section III, and section IV.)  
 Change in Program Policies

#### **SECTION VI: Justification**

*Justify this change and state its likely effect on any other degree program (including those outside the school or college). Identify any program or program components (other than courses) to be eliminated if this program is implemented. (Program and course change forms must also be submitted for such related changes.)*

**The curriculum was modified for several reasons. 1. To better align courses with state standards. 2. To better align the curriculum with public school health/physical education curricula. 3. To eliminate 2-credit classes, which caused scheduling problems for both students and faculty. 4. To eliminate overlap of content within several courses. The admission process was updated to align with the new required university-wide admission to teacher education requirements.**

#### **SECTION VII: Catalog Text and Format**

*In the box below, insert the current catalog text which is to be changed, with changes highlighted with the color yellow. Include all proposed changes identified in Section V. Only changes explicitly stated in Section V will be considered for approval by the University Course and Programs Committee, the Graduate Council and the Faculty Senate. If you are proposing a new program, give proposed text with all of the elements listed below. If you are proposing modified text, include these elements as appropriate.*

**Include the following elements, in order, in the catalog text for proposed undergraduate program(s) or program changes:**

- State complete major/program name
- Briefly define or describe the major/program or discipline.
- Identify typical career goals or paths for graduates. (Optional)
- State admission requirements (if any) for entry or entry into upper/advanced level of major/program.
- Identify location in catalog of university, college/school, and department/program requirements which the student must meet in addition to hours in the major, but do not restate these requirements.
- State course requirements in the major and any allied areas, giving number of hours and specific courses; specify electives or elective areas and give numbers of hours and courses in elective pools or categories; identify any other course requirements.
- State any other requirements (required GPA, internship, exit exam, project, thesis, etc.).
- Identify name and requirements for each concentration (if any).
- Specify whether a minor or other program component is allowed or required and provide details.
- State eight-semester plan requirements

**For minors, state requirements in terms of hours, required courses, electives, etc.**

**For graduate program/units, include elements (as needed) parallel to those listed for undergraduate programs above.**

**For Law School program/units, prepare text consistent with current catalog style.**

**For centers, prepare text consistent with current catalog style.**

#### **2013-2014 Catalog of Study (Kinesiology):**

The program in kinesiology is designed to prepare candidates for a variety of career options in the vast field of movement science. Career opportunities may include teaching physical education, coaching, analyzing and prescribing fitness programs, athletic training, or preparation for professional programs in allied health. Graduates of this program should be well prepared to enter graduate programs of study in such areas as pedagogy or adapted physical education, exercise physiology, biomechanics, athletic training, sport management, medical school, physical therapy school, and other allied health professional schools.

The candidate for the Bachelor of Science in Education degree with a major in kinesiology must select one of three concentrations:

1. P-12 Teaching Physical Education/Wellness & Leisure
2. Exercise Science – Pre-Professional Science
3. Applied Exercise Science

All students must complete the state minimum core requirements as listed in the University Core. In addition, all students must take the required general studies for the kinesiology major and the kinesiology core requirements listed below. As part of the University Core requirements, specific math and science courses are required within the kinesiology major and concentrations. A student preparing to teach in the public schools must select the P-12 teaching concentration. Prior to taking the following PHED courses, [PHED 3001](#), [PHED 3002](#), [PHED 3022](#), [PHED 3032](#), [PHED 3043](#), [PHED 3074](#), [PHED 3373](#), [PHED 3702](#), [PHED 3903](#) and [PHED 407V](#), students are required to:

- have a 2.5 cumulative GPA
- pass all three parts of Praxis I

Transfer students will be allowed one semester from the time they enter the University of Arkansas to complete the above requirements.

In order to be eligible to enroll in the Teaching Practicum semester, students are required to:

- have a “C” or better in all Kinesiology P-12 Teaching Requirements (does not include [KINS 2223](#), [KINS 3163](#), and [KINS 3353](#))
- have a cumulative grade point average of 2.7 or greater
- complete or present proof of registration for the Praxis II exams required by the Arkansas Department of Education licensure area of Physical Education, Wellness and Leisure

Students interested in obtaining an endorsement in coaching should contact the Coordinator of Teacher Education. Students applying for other post-baccalaureate programs should inquire as to prerequisite requirements.

Students majoring in kinesiology with a concentration in exercise science (concentrations II, III) must earn a grade of “C” or better in [KINS 3153](#), [KINS 3353](#), and [KINS 3533](#), and meet the appropriate concentration requirements. A minimum of 120 semester hours is required for graduation in the major of kinesiology.

### **Concentration I: P-12 Teaching Physical Education, Wellness & Leisure (KINS P-12)**

University Core (State Minimum Core)	35
Required University Core for Kinesiology P-12 Major	
<a href="#">PSYC 2003</a> General Psychology (ACTS Equivalency = PSYC 1103) (Sp, Su, Fa)	
<a href="#">BIOL 1543</a> Principles of Biology (ACTS Equivalency = BIOL 1014 Lecture) (Sp, Su, Fa)	
& <a href="#">BIOL 1541L</a> and Principles of Biology Laboratory (ACTS Equivalency = BIOL 1014 Lab) (Sp, Su, Fa) (hours counted in the state minimum core)	
<a href="#">BIOL 2443</a> Human Anatomy (ACTS Equivalency = BIOL 2404 Lecture) (Sp, Su, Fa)	
& <a href="#">BIOL 2441L</a> and Human Anatomy Laboratory (ACTS Equivalency = BIOL 2404 Lab) (Sp, Su, Fa) (hours counted in the state minimum core)	
Required General Studies for Kinesiology P-12 Major	
<a href="#">COMM 1313</a> Public Speaking (ACTS Equivalency = SPCH 1003) (Sp, Su, Fa)	3
<a href="#">CHLP 1103</a> Personal Health and Safety (Sp, Fa)	3
Concentration I: P-12 Teaching Physical Education/Wellness & Leisure	
<a href="#">PHED 1003</a> The Physical Education Profession: An Overview (Sp, Fa)	3
<a href="#">PHED 2013</a> Teaching Progressions and Assessment of Basic Skills (Sp, Fa)	3
<a href="#">PHED 2023</a> Teaching Progressions and Assessment of Advanced Skills (Sp, Fa)	3
<a href="#">KINS 2223</a> Motor Development (Sp, Su, Fa)	3
<a href="#">PHED 3001</a> Teaching Practicum (Sp, Fa)	1

<a href="#">PHED 3002</a>	Teaching and Leading Outdoor Recreation and Experiential Activities (Sp, Fa)	2
<a href="#">PHED 3022</a>	Teaching Stunts and Tumbling (Sp, Fa)	2
<a href="#">PHED 3032</a>	Teaching Rhythms (Sp, Fa)	2
<a href="#">PHED 3043</a>	Teaching Fitness (Sp, Fa)	3
<a href="#">PHED 3074</a>	Secondary Physical Education (Sp, Fa)	4
<a href="#">PHED 3203</a>	Principles and Problems of Coaching (Su, Fa)	3
<a href="#">PHED 3373</a>	Elementary Physical Education (Sp, Su, Fa)	3
<a href="#">PHED 3702</a>	Measurement Concepts In Kinesiology (Sp, Fa)	2
<a href="#">PHED 3903</a>	Physical Education for Special Populations (Sp, Fa)	3
<a href="#">KINS 3163</a>	Exercise Physiology: Theory and Application (Sp, Fa)	3
or <a href="#">KINS 3153</a>	Exercise Physiology (Su, Fa)	
<a href="#">KINS 3353</a>	Mechanics of Human Movement (Sp, Su, Fa)	3
<a href="#">KINS 3373</a>	Philosophical/Sociocultural Impact on Kinesiology (Sp, Su, Fa)	3
<a href="#">KINS 4413</a>	Organization, Management, and Marketing Skills for the Kinesiology Professional (Sp, Fa)	3
<a href="#">CIED 3033</a>	Classroom Learning Theory (Sp, Su, Fa)	3
<a href="#">CNED 4003</a>	Classroom Human Relations Skills (Sp, Fa)	3
or <a href="#">CNED 3053</a>	The Helping Relationship (Sp, Fa)	
Senior Block Of Classes (Internship Semester)		
Admission to Internship Semester - Must apply and be enrolled in <a href="#">PHED 3001</a> the semester prior to Senior Block; 2.5 overall College GPA or 2.75 KINS/PHED Teacher Education Classes; all parts of Praxis I passed; Completed or registered to take the Praxis II content knowledge exam in Physical Education/Wellness and Leisure as required by the Arkansas State Department of Education for licensure.		
<a href="#">PHED 4023</a>	Class Management (Sp, Fa)	3
<a href="#">PHED 407V</a>	Physical Education Teaching Internship (Sp, Fa)	9
<a href="#">PHED 4263</a>	Professional Issues in Physical Education (Sp, Fa)	3
<a href="#">PHED 4731</a>	Senior Seminar (Sp, Fa)	1
Health Electives		3
See adviser for suggested coursework in CHLP/HESC to prepare for licensure exams		
General Electives		5
As needed for total hours based on waivers, exemptions and transfer inequalities		
Total Hours		120

Note: All students seeking licensure in the state of Arkansas are subject to a criminal background check. Forms for this procedure may be obtained at the office of the Teacher Certification Officer, at the State Department, or any police station, including the campus police. These background checks take up to six months to process; therefore, students are advised to complete and submit the forms to the proper authorities six months in advance of actually applying for a license. Arkansas will not certify anyone who has been convicted of a felony. Although not required for the KINSBS P-12 concentration, students seeking coaching endorsement will need to take [PHED 4001](#) as well as appropriate PRAXIS exam(s) as designated by the Arkansas State Department of Education.

#### Proposed Catalog of Study 2014-2015 (Kinesiology):

The program in kinesiology is designed to prepare candidates for a variety of career options in the vast field of movement science. Career opportunities may include teaching physical education, coaching, analyzing and prescribing fitness programs, athletic training, or preparation for professional programs in allied health. Graduates of this program should be well prepared to enter graduate programs of study in such areas as pedagogy or adapted physical education, exercise physiology, biomechanics, athletic training, sport management, medical school, physical therapy school, and other allied health professional schools.

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### 3. Applied Exercise Science

All students must complete the state minimum core requirements as listed in the University Core. In addition, all students must take the required general studies for the kinesiology major and the kinesiology core requirements listed below. As part of the University Core requirements, specific math and science courses are required within the kinesiology major and concentrations. A student preparing to teach in the public schools must select the P-12 teaching concentration. Prior to taking **Teaching Practicum students are required to complete the application to teacher education through the Teacher Education Office and to also:**

- have a 2.7 cumulative GPA
- pass all three parts of Praxis I

Transfer students will be allowed one semester from the time they enter the University of Arkansas to complete the above requirements.

In order to be eligible to enroll in the Senior Block Internship semester, students are required to:

- have a “C” or better in all Kinesiology P-12 Teaching Requirements (does not include [KINS 2223](#), [KINS 3163](#), and [KINS 3353](#))
- have a cumulative grade point average of 2.7 or greater
- complete or present proof of registration for the Praxis II exams required by the Arkansas Department of Education licensure area of Physical Education, Wellness and Leisure

Students interested in obtaining an endorsement in coaching should contact the Coordinator of Teacher Education. Students applying for other post-baccalaureate programs should inquire as to prerequisite requirements.

Students majoring in kinesiology with a concentration in exercise science (concentrations II, III) must earn a grade of “C” or better in [KINS 3153](#), [KINS 3353](#), and [KINS 3533](#), and meet the appropriate concentration requirements. A minimum of 120 semester hours is required for graduation in the major of kinesiology.

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University Core (State Minimum Core)		35
Required University Core for Kinesiology P-12 Major		
<a href="#">PSYC 2003</a>	General Psychology (ACTS Equivalency = PSYC 1103) (Sp, Su, Fa)	
<a href="#">BIOL 1543</a> & <a href="#">BIOL 1541L</a>	Principles of Biology (ACTS Equivalency = BIOL 1014 Lecture) (Sp, Su, Fa) and Principles of Biology Laboratory (ACTS Equivalency = BIOL 1014 Lab) (Sp, Su, Fa) (hours counted in the state minimum core)	
<a href="#">BIOL 2443</a> & <a href="#">BIOL 2441L</a>	Human Anatomy (ACTS Equivalency = BIOL 2404 Lecture) (Sp, Su, Fa) and Human Anatomy Laboratory (ACTS Equivalency = BIOL 2404 Lab) (Sp, Su, Fa) (hours counted in the state minimum core)	
Required General Studies for Kinesiology P-12 Major		
<a href="#">COMM 1313</a>	Public Speaking (ACTS Equivalency = SPCH 1003) (Sp, Su, Fa)	3
<a href="#">CHLP 1103</a>	Personal Health and Safety (Sp, Fa)	3
Concentration I: P-12 Teaching Physical Education/Wellness & Leisure		
<a href="#">PHED 1003</a>	The Physical Education Profession: An Overview (Sp, Fa)	3
<a href="#">PHED 2013</a>	<b>Teaching Progressions and Assessment of Basic Skills (Sp, Fa)</b>	<b>3</b>
<a href="#">PHED 2023</a>	<b>Teaching Progressions and Assessment of Advanced Skills (Sp, Fa) Sport Skills (Sp, Fa)</b>	3
<a href="#">KINS 2223</a>	Motor Development (Sp, Su, Fa)	3
<a href="#">PHED 3001</a>	Teaching Practicum (Sp, Fa)	1
<a href="#">PHED 3002</a> <a href="#">3003</a>	<b>Teaching and Leading Outdoor Recreation and Experiential Activities (Sp, Fa) Outdoor Education</b>	<b>23</b>
<a href="#">PHED 3022</a>	<b>Teaching Stunts and Tumbling (Sp, Fa)</b>	<b>2</b>
<a href="#">PHED 3032</a> <a href="#">3033</a>	<b>Teaching Rhythms (Sp, Fa) Educational Rhythms and Gymnastics (Sp, Fa)</b>	<b>23</b>
<a href="#">PHED 3043</a>	Teaching Fitness (Sp, Fa)	3

<a href="#">PHED 3074</a> <a href="#">3743</a>	Secondary Physical Education (Sp, Fa)	<b>43</b>
<a href="#">PHED 3203</a>	Principles and Problems of Coaching (Su, Fa)	3
<a href="#">PHED 3373</a>	Elementary Physical Education (Sp, Su, Fa)	3
<a href="#">PHED 3702</a> <a href="#">3703</a>	<b>Measurement Concepts In Kinesiology (Sp, Fa) Assessment in Physical Education (Sp, Fa)</b>	<b>23</b>
<a href="#">PHED 3903</a>	Physical Education for Special Populations (Sp, Fa)	3
<a href="#">KINS 3163</a>	Exercise Physiology: Theory and Application (Sp, Fa)	3
or <a href="#">KINS 3153</a>	Exercise Physiology (Su, Fa)	
<a href="#">KINS 3353</a>	Mechanics of Human Movement (Sp, Su, Fa)	3
<a href="#">KINS 3373</a>	<b>Philosophical/Sociocultural Impact on Kinesiology (Sp, Su, Fa) Sport in Society (Sp, Su, Fa)</b>	3
<a href="#">KINS 4413</a> <a href="#">3413</a>	<b>Organization, Management, and Marketing Skills for the Kinesiology Professional (Sp, Fa) Administration in Physical Education (Sp, Fa)</b>	3
<a href="#">CIED 3033</a>	Classroom Learning Theory (Sp, Su, Fa)	3
<a href="#">CNED 4003</a>	Classroom Human Relations Skills (Sp, Fa)	3
or <a href="#">CNED 3053</a>	The Helping Relationship (Sp, Fa)	
<a href="#">KINS 3573</a>	<b>The School Health Program (Sp, Fa)</b>	<b>3</b>
Senior Block Of Classes (Internship Semester)		
Admission to Internship Semester - Must apply and be enrolled in Teaching Practicum the semester prior to Senior Block; 2.7; all parts of Praxis I passed; Completed or registered to take the Praxis II content knowledge exam in Physical Education/Wellness and Leisure as required by the Arkansas State Department of Education for licensure.		
<a href="#">PHED 4023</a>	Class Management (Sp, Fa)	3
<a href="#">PHED 407V</a>	Physical Education Teaching Internship (Sp, Fa)	<b>96</b>
<a href="#">PHED 4263</a>	<b>Professional Issues in Physical Education (Sp, Fa)</b>	<b>3</b>
<a href="#">PHED 4731</a> <a href="#">4733</a>	<b>Senior Seminar (Sp, Fa)</b>	<b>13</b>
<b>Health Electives</b>		<b>3</b>
<del>See adviser for suggested coursework in CHLP/HESC to prepare for licensure exams</del>		
General Electives		<b>57</b>
As needed for total hours based on waivers, exemptions and transfer inequalities		
Total Hours		120
<p>Note: All students seeking licensure in the state of Arkansas are subject to a criminal background check. Forms for this procedure may be obtained at the Teacher Education Office, at the State Department, or any police station, including the campus police. Arkansas will not certify anyone who has been convicted of a felony. Although not required for the KINSBS P-12 concentration, students seeking coaching endorsement will need to take <a href="#">PHED 4001</a> as well as appropriate PRAXIS exam(s) as designated by the Arkansas State Department of Education.</p>		

### SECTION VIII: Action Recorded by Registrar's Office

#### PROGRAM INVENTORY/DARS

PGRM \_\_\_\_\_ SUBJ \_\_\_\_\_ CIP \_\_\_\_\_ CRTS \_\_\_\_\_

DGRE \_\_\_\_\_ PGCT \_\_\_\_\_ OFFC&CRTY VALID \_\_\_\_\_

#### REPORTING CODES

PROG. DEF. \_\_\_\_\_ REQ. DEF. \_\_\_\_\_  
Initials \_\_\_\_\_ Date \_\_\_\_\_

#### Distribution

Notification to:

- (1) College (2) Department (3) Admissions (4) Institutional Research (5) Continuing Education (6) Graduate School  
(7) Treasurer (8) Undergraduate Program Committee

5/12/08