

**Dale Bumpers College of Agricultural, Food & Life Sciences**  
**EIGHT-SEMESTER DEGREE COMPLETION PROGRAM**  
*B.S.H.E.S. – Human Development, Family Sciences(HDFS) – Lifespan (LSPN)*  
 2013-2014

HDFS Requirements: 3-9 hours Communication; 3 hours History; 3 hours Mathematics; 8 hours Sciences; 6 hours Fine Arts/Humanities; 9 hours Social Sciences; 25 hours departmental core; **46 hours Lifespan Concentration**; ~~30-36~~ hours general electives.  
**Bold** – Course meets University Core  
 Pre-requisites, co-requisites, or recommended courses are in parentheses.

Fall Semester Year 1		Spring Semester Year 1	
Course	Hours	Course	Hours
ENGL 1013 Composition I – unless exempt	3	HESC 2413 Family Relations (Pre-HESC 1501)	3
HESC 1501 Orientation to HESC	1	ENGL 1023 Composition II (Pre-ENGL 1013) – unless exempt	3
<b>MATH Core Elective</b>	3	PSYC 2003 General Psychology	3
HESC 1403 Lifespan Development	3	<b>Science Core Elective</b>	4
<b>Fine Arts Core Elective</b>	3	General Elective	3
General Elective	3		
<b>Total Semester Hours</b>	<b>16</b>	<b>Total Semester Hours</b>	<b>16</b>
Fall Semester Year 2		Spring Semester Year 2	
Course	Hours	Course	Hours
HESC 1213 Fundamentals of Nutrition	3	HESC 2433 Child Development (Pre-HESC 1403 OR PSYC 2003; Instructor Consent)	3
<b>History or Government Core Elective</b>	3	SOCI 2013 General Sociology OR RSOC 2603 Rural Sociology	3
<b>Science Core Elective</b>	4	HESC 3423 Adolescent Development (Pre-HESC 1403 OR PSYC 2003)	3
COMM 1313 Public Speaking	3	<b>Humanities Core Elective</b>	3
HESC 2453 Analytical Approach to Research in HDFS I	3	HESC 2463 Analytical Approach to Research in HDFS II	3
<b>Total Semester Hours</b>	<b>16</b>	<b>Total Semester Hours</b>	<b>15</b>
Fall Semester Year 3		Spring Semester Year 3	
Course	Hours	Course	Hours
HESC 3443 Families in Crisis	3	SCWK 3163 On Death and Dying (Pre-junior standing)	3
LSPN Elective	3	LSPN Elective	3
General Elective	9-10	General Elective	9
<b>Total Semester Hours</b>	<b>15-16</b>	<b>Total Semester Hours</b>	<b>15</b>
Fall Semester Year 4		Spring Semester Year 4	
Course	Hours	Course	Hours
<del>HESC 4493 Public Policy Advocacy (Pre-RSOC 2603 OR SOCI 2013)</del>	<del>3</del>	HESC 4433 Dynamic Family Interaction (Pre-HESC 2413 and junior standing)	3
HESC 4753 Family Financial Management	3	HESC 4443 Gerontology (Pre-HESC 1403 OR HESC 2413 OR PSYC 2003 OR SCWK 2133 and junior standing)	3
HESC 4453 Parenting and Family Dynamics (Pre-HESC 1403 OR PSYC 2003)	3	CNED 3053 The Helping Relationship	3
HESC 4423 Adult Development (Pre-HESC 1403 OR PSYC 2003 and junior standing)	3	General Electives	5-6
HESC 4463 – Administration and Leadership in the Helping Professions (Pre-HESC 3402/3401L and junior standing and COMM 1313, HESC 2433)	3		
<b>Total Semester Hours</b>	<b>12</b>	<b>Total Semester Hours</b>	<b>14-15</b>
		<b>TOTAL HOURS</b>	<b>120</b>

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