

Date Submitted: 08/28/20 3:46 pm

# Viewing: PHEDBS : Teaching K-12 Physical Education & Health, Bachelor of Science in Education

Last approved: 02/24/20 3:57 pm

Last edit: 09/16/20 3:33 pm

Changes proposed by: pcallej

Catalog Pages Using  
this Program

[Teaching K-12 Physical Education and Health B.S.E.](#)  
[Teaching K-12 Physical Education and Health \(PHED\)](#)

Submitter: User ID: crsleaf1 Phone:  
575-2859

Program Status Active

Academic Level Undergraduate

Type of proposal Major/Field of Study

Select a reason for this modification

Making Minor Changes to an Existing Degree (e.g. changing 15 or fewer hours, changing admission/graduation requirements, adding/changing Focused Study or Track)

Are you adding a concentration?

No

Are you adding or modifying a track?

No

Are you adding or modifying a focused study?

No

Effective Catalog Year Fall 2021

College/School Code

## In Workflow

1. EDUC Dean Initial
2. Director of Program Assessment and Review
3. Registrar Initial
4. Institutional Research
5. HHPR Chair
6. EDUC Curriculum Committee
7. EDUC Dean
8. Global Campus
9. Provost Review
10. University Course and Program Committee
11. Faculty Senate
12. Provost Final
13. Provost's Office-- Notification of Approval
14. Registrar Final
15. Catalog Editor Final

## Approval Path

1. 09/04/20 3:51 pm  
Ketevan Mamiseishvili (kmamisei): Approved for EDUC Dean Initial
2. 09/11/20 3:59 pm  
Alice Griffin (agriffin): Approved for Director of Program

## College of Education and Health Professions (EDUC)

## Department Code

Department of Health, Human Performance and Recreation (HHPR)

Program Code PHEDBS

Degree Bachelor of Science in Education

CIP Code

## Assessment and Review

3. 09/11/20 6:19 pm  
Lisa Kulczak  
(lkulcza): Rollback to Director of Program Assessment and Review for Registrar Initial
4. 09/18/20 11:45 am  
Alice Griffin  
(agriffin): Approved for Director of Program Assessment and Review
5. 09/28/20 10:48 pm  
Lisa Kulczak  
(lkulcza): Approved for Registrar Initial
6. 09/29/20 5:00 pm  
Gary Gunderman  
(ggunderm): Approved for Institutional Research
7. 09/30/20 9:13 am  
Matthew Ganio  
(msganio): Approved for HHPR Chair
8. 10/07/20 2:41 pm  
Ketevan Mamiseishvili  
(kmamisei): Approved for EDUC Curriculum Committee
9. 10/07/20 2:56 pm  
Ketevan

Mamiseishvili  
(kmamisei):  
Approved for EDUC  
Dean

10. 10/07/20 3:37 pm  
Suzanne Kenner  
(skenner): Approved  
for Global Campus
11. 10/08/20 7:55 am  
Terry Martin  
(tmartin): Approved  
for Provost Review

## History

1. Aug 15, 2014 by  
Leepfrog  
Administrator  
(clhelp)
2. Mar 5, 2015 by  
Susan Mayes  
(smayes)
3. Apr 17, 2015 by  
Charlie Alison  
(calison)
4. May 11, 2015 by  
Charlie Alison  
(calison)
5. May 12, 2016 by  
Charlie Alison  
(calison)
6. May 17, 2016 by  
Lisa Kulczak (lkulcza)
7. May 27, 2016 by  
Charlie Alison  
(calison)
8. May 27, 2016 by  
Charlie Alison  
(calison)
9. Mar 1, 2017 by  
Susan Mayes

(smayes)

10. Apr 14, 2017 by Lisa Kulczak (lkulcza)
11. May 23, 2019 by Paul Calleja (pcallej)
12. Feb 24, 2020 by Paul Calleja (pcallej)

31.0501 - Health and Physical Education/Fitness, General.

#### Program Title

Teaching K-12 Physical Education & Health, Bachelor of Science in Education

#### Program Delivery

##### Method

On Campus

Is this program interdisciplinary?

No

Does this proposal impact any courses from another College/School?

No

What are the total hours needed to complete the program? 120

## Program Requirements and Description

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### Requirements

## Teaching K-12 Physical Education & Health

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Admission to K-12 Teaching Physical Education & Health, which prepares a student to teach in the public schools, **begins as a Pre-PHED (Pre-Teaching K-12 Physical Education & Health) major.** ~~requires the following:~~

**For admission to the PHED major, the following is required:**

**Complete the Pre-PHED course requirements.**

**Apply ~~Must be admitted~~ to the ~~Office of teacher education program in K-12 (see the~~ Teacher Education (OTE) (see the Teacher Education Application Fee) in the fall of a student's ~~after their~~ sophomore ~~year.~~ ~~year (45 hours of coursework).~~ This office will monitor progress towards completing the required items. Students will be emailed a certification letter from the OTE once they have completed the items listed below. The certification**

**letter must be emailed by the student to the PHED program coordinator to formally complete the admission process to PHED.**

**Obtain required scores** ~~Passing scores~~ on ACT, SAT, GRE or PRAXIS Core (see adviser)

**Successful completion of an** ~~Successfully complete an~~ Arkansas State Police and Arkansas Child Maltreatment Registry background check (Background checks must be current, there is a fee for this process.)

~~Prior to taking the following pedagogical courses PHED 3003, PHED 3033, PHED 3043, students are required to have a cumulative grade point average of 2.5 or above~~ **Achieve** ~~Prior to taking the following pedagogical courses PHED 4703, PHED 4743, PHED 432V, students are required to have~~ a cumulative grade point average of ~~2.5~~ **2.7** or above.

**PHED Admission deadlines to submit the information above are May 1st (typically spring sophomore year) for fall admission and November 1st (typically fall junior year) for spring admission. Appeals must be made to the PHED Program Coordinator for admission after these deadlines.**

**To enroll in** ~~Prior to taking~~ the following pedagogical courses **PHED 3003, PHED 3033, PHED 3043**, students are required to be admitted to the PHED major. ~~have a cumulative grade point average of 2.5 or above~~

**To enroll the following courses** **PHED 4703, PHED 4743, PHED 432V**, students are required to have a cumulative grade point average of **2.7** or above and be admitted to the PHED major.

To be eligible to enroll in the Senior Block Internship semester (**PHED 4023, PHED 407V, PHED 4733**), students are required to:

**Be admitted to the PHED Major**

Have a cumulative grade point average of 2.7

~~Successfully complete an Arkansas State Police and Arkansas Child Maltreatment Registry background check if not completed at Stage II (Background checks must be current, there is a fee for this process.)~~ **Take Present scores for** the Praxis II exams required by the Arkansas Department of Education licensure area of K-12 Physical Education, Wellness and Leisure **by December 1st**. ~~Students interested in obtaining an endorsement in coaching should contact the Director of Teacher Licensure in the Office of Teacher Education.~~

**In order to complete the Teaching K-12 Physical Education & Health major, students must complete all University and PHED program requirements for graduation.**

**Students interested in obtaining an endorsement in coaching should contact the Director of Teacher Licensure in the Office of Teacher Education.**

~~State Minimum Core 1~~

**35**

**Pre-PHED 1**

**17**

**State Minimum Core 1,2**

**27**

~~PSYC 2003~~ General Psychology (ACTS Equivalency = PSYC 1103)

~~BIOL 1543~~ Principles of Biology (ACTS Equivalency = BIOL 1014 Lecture)

~~& BIOL 1541L~~ and Principles of Biology Laboratory (ACTS Equivalency = BIOL 1014 Lab) (hours counted in the state minimum core)

~~BIOL 2443~~ Human Anatomy (ACTS Equivalency = BIOL 2404 Lecture)

~~& BIOL 2441L~~ and Human Anatomy Laboratory (ACTS Equivalency = BIOL 2404 Lab) (hours counted in the state minimum core)-2

Additional Requirements for Teaching K-12 Physical Education and Health (45 hours)

<u>PBHL 1103</u>	Personal Health and Safety	3
<u>COMM 1313</u>	Public Speaking (ACTS Equivalency = SPCH 1003)	3
<u>PHED 1003</u>	<del>The Physical Education Profession: An Overview</del>	<del>3</del>
<u>PHED 2023</u>	<del>Sport Skills</del>	<del>3</del>
<u>PHED 2373</u>	<del>Elementary Physical Education</del>	<del>3</del>
<u>PHED 3163</u>	Exercise Physiology: Theory and Application	3
or <u>EXSC 3153</u>	Exercise Physiology	
<u>PHED 3203</u>	Principles and Problems of Coaching	3
<u>PHED 3223</u>	Motor Development	3
<u>PHED 3413</u>	Administration in Physical Education	3
<u>PHED 3573</u>	The School Health Program	3
<u>PHED 3623</u>	Sport Sociology	3
<u>PHED 3903</u>	Physical Education for Special Populations	3
<u>CIED 3033</u>	Classroom Learning Theory	3
<u>CNED 4003</u>	Classroom Human Relations Skills	3
or <u>CNED 3053</u>	The Helping Relationship	
<u>EXSC 3013</u>	Functional Anatomy for Exercise Science	3
or <u>EXSC 3353</u>	Mechanics of Human Movement	
<b>PHED Pedagogical Courses (16-17 hours)</b>		
<b>Admission to the Pedagogical Courses -- Meet Stage II Requirements</b>		
<b>PHED Pedagogical Courses 3</b>		
<u>PHED 3003</u>	Outdoor Education	3
<u>PHED 3033</u>	Educational Rhythms and Gymnastics	3
<u>PHED 3043</u>	Teaching Fitness	3
<b>Senior PHED Courses 3</b>		
<b>Admission to Senior PHED Courses -- Meet Stage III Requirements</b>		
<u>PHED 432V</u>	Teaching Practicum (1 or 2 hours)	1-2
<u>PHED 4743</u>	Secondary Physical Education	3
<u>PHED 4703</u>	Assessment in Physical Education	3
<b>Internship Semester 3</b>		
<u>PHED 4023</u>	Class Management	3
<u>PHED 407V</u>	Physical Education Teaching Internship	6
<u>PHED 4733</u>	Senior Seminar	3
General Electives		11-12

As needed for total hours based on waivers, exemptions and transfer inequalities

Total Hours 120

1 BIOL 1543/1541L and BIOL 2443/2441L are required as part of the Pre-PHED and the state minimum core.

2 In addition to PSYC 2003 listed under State Minimum Core, students must also choose other courses to fulfill the State Minimum Core.

### 3 Courses open to PHED majors only.

All students seeking licensure in the state of Arkansas are subject to a criminal background check. Forms for this procedure may be obtained at the office of the Teacher Certification Officer, at the State Department, or any police station, including the campus police. These background checks take up to six months to process; therefore, students are advised to complete and submit the forms to the proper authorities six months in advance of actually applying for a license. Arkansas will not certify anyone who has been convicted of a felony. Although not required for the Kinesiology concentration in Physical Education, Wellness and Leisure, students seeking coaching endorsement will need to take [PHED 4001](#), take the appropriate standardized exams (ACT, SAT, GRE, or PRAXIS core) as designated by the Arkansas State Department of Education, and make a "C" or better in all courses required by the University of Arkansas for the Coaching Endorsement. Please see the [College of Education and Health Professions PDF](#) for these specific course numbers.

#### 8-Semester Plan

## Teaching K-12 Physical Education & Health

### Eight-Semester Degree Program (PHEDBS)

The teacher education program for Teaching K-12 Physical Education & Health does not qualify for the eight semester degree plan due to standardized exams (ACT, SAT, GRE, or PRAXIS core) and cumulative GPA requirements for progression. However, the following 8-semester sample plan shows how a first-year student could select their courses.

First Year	Units
	Fall Spring
<a href="#">ENGL 1013</a> Composition I (ACTS Equivalency = ENGL 1013) (Satisfies General Education Outcome 1.1)	3
<del>Social Science (except PSYC 2003)</del> <sup>1</sup>	<del>3</del> -
<b>Social Sciences (except PSYC 2003) (Satisfies General Education Outcome 3.3) 1, 5</b>	<b>3</b>
<b>Satisfies General Education Outcome 3.4:</b>	
<a href="#">BIOL 1543</a> Principles of Biology (ACTS Equivalency = BIOL 1014 Lecture)	4
& <a href="#">BIOL 1541L</a> Principles of Biology Laboratory (ACTS Equivalency = BIOL 1014 Lab)	
<a href="#">PBHL 1103</a> Personal Health and Safety	3
<a href="#">PHED 1003</a> The Physical Education Profession: An Overview	3
<a href="#">ENGL 1023</a> Composition II (ACTS Equivalency = ENGL 1023) (Satisfies General Education Outcome 1.1)	3
<a href="#">MATH 1203</a> College Algebra (ACTS Equivalency = MATH 1103) (Satisfies General Education Outcome 2.1)	3
<a href="#">COMM 1313</a> Public Speaking (ACTS Equivalency = SPCH 1003) (Satisfies General Education Outcomes 1.2 and 5.1)	3
U.S. History or Government (Satisfies General Education Outcome 4.2) <sup>1</sup>	3
<a href="#">PHED 2023</a> Sport Skills	3
<b>Year Total:</b>	<b>16 15</b>

Year Total:		10 15
Second Year		Units
		FallSpring
<a href="#">PHED 3223</a> Motor Development		3
<a href="#">PSYC 2003</a> General Psychology (ACTS Equivalency = PSYC 1103) (Satisfies General Education Outcome 3.3)		3
General Elective		3
<del>Fine Arts or Humanities</del> <sup>1</sup>		<del>3</del> -
<b>Fine Arts or Humanities (Satisfies General Education Outcome 3.1 or 3.2)</b> <sup>1, 5</sup>		<b>3</b>
<b>Satisfies General Education Outcome 3.4:</b>		
<a href="#">BIOL 2443</a> Human Anatomy (ACTS Equivalency = BIOL 2404 Lecture)		4
& <a href="#">BIOL 2441L</a> Human Anatomy Laboratory (ACTS Equivalency = BIOL 2404 Lab)		
<del>Social Science (except PSYC 2003)</del> <sup>1</sup>		- <del>3</del>
<del>Humanities or Fine Arts</del> <sup>1</sup>		- <del>3</del>
<b>Social Sciences (except PSYC 2003) (Satisfies General Education Outcome 3.3)</b> <sup>1, 5</sup>		<b>3</b>
<b>Humanities or Fine Arts (Satisfies General Education Outcome 3.2 or 3.1)</b> <sup>1, 5</sup>		<b>3</b>
General Elective		6
<a href="#">PHED 2373</a> Elementary Physical Education		3
Year Total:		16 15
Third Year		Units
		FallSpring
<a href="#">PHED 3003</a> Outdoor Education <sup>4</sup>		3
<a href="#">CIED 3033</a> Classroom Learning Theory		3
<a href="#">PHED 3203</a> Principles and Problems of Coaching		3
<a href="#">PHED 3903</a> Physical Education for Special Populations <sup>4</sup>		3
<a href="#">PHED 3163</a> Exercise Physiology: Theory and Application		3
<a href="#">PHED 3033</a> Educational Rhythms and Gymnastics		3
<a href="#">PHED 3043</a> Teaching Fitness <sup>4</sup>		3
<a href="#">EXSC 3353</a> Mechanics of Human Movement		3
or <a href="#">EXSC 3013</a> Functional Anatomy for Exercise Science		
<a href="#">PHED 3413</a> Administration in Physical Education		3
<a href="#">PHED 3623</a> Sport Sociology (Satisfies General Education Outcome 4.1)		3
Year Total:		15 15
Fourth Year		Units
		FallSpring
<a href="#">PHED 3573</a> The School Health Program		3
<a href="#">CNED 4003</a> Classroom Human Relations Skills		3
<a href="#">PHED 432V</a> Teaching Practicum <sup>4</sup>		1



General Elective	3
<a href="#">PHED 4703</a> Assessment in Physical Education	3
<a href="#">PHED 4743</a> Secondary Physical Education	3
<a href="#">PHED 4023</a> Class Management	3
<a href="#">PHED 407V</a> Physical Education Teaching Internship	6
<a href="#">PHED 4733</a> Senior Seminar (Satisfies General Education Outcome 6.1)	3
Year Total:	16 12

Total Units in Sequence: 120

1 Core areas must be completed as outlined in [State Minimum Core](#).

2 [EXSC 3153](#) has additional prerequisites not included in program of study.

3 Must have grade 'C' or better to award degree credit.

4 Passing score on ACT, SAT, GRE, or PRAXIS core (see advisor)

**5 Students must complete the [State Minimum Core requirements](#) as outlined in the [Catalog of Studies](#). The courses that meet the state minimum core also fulfill many of the university's [General Education requirements](#), although there are additional considerations to satisfy the general education learning outcomes. Students are encouraged to consult with their academic adviser when making course selections.**

Are Similar Programs available in the area?

No

Estimated Student Demand for Program 157

Scheduled Program Review Date **2026-2027** ~~2019~~

Program Goals and Objectives

**Program Goals and Objectives**

1. Program graduates will have requisite knowledge and skills to design quality physical education and health lessons and programs for K-12 school children.
2. Program graduates will possess the professional dispositions necessary to effectively work as a teacher or coach in the K-12 school environment.
3. Program graduates will have skills needed to establish a class environment that promotes learning.
4. Program graduates will have instructional skills needed to engage students in learning based on national and state standards.

Learning Outcomes

**Learning Outcomes**

### Learning Outcomes

1. Students will pass Praxis Core and Praxis II content area tests required for licensure in K12 Health and Physical Education.
2. Students will complete the Kinesiology K-12 degree program with a minimum GPA of 2.75.
3. Students will earn a grade of "C" or better in all required K-12 teaching courses.
4. Students will earn a minimum average score of 2.5 on the 22 components of the Framework for Teaching assessment during their teaching internship.
5. Students will demonstrate the ability to work collaboratively in a K-12 school environment.
6. Students will be able to reflect on their own practices and compare them to accepted practices in the field.

#### Description and justification of the request

Description of specific change	Justification for this change
Revised formatting of the eight semester degree plan, inserting General Education language on behalf of the college. AG	To provide consistency with the General Education curriculum language. AG
A Pre-PHED major was added (See PPHED). The language used was modified to address the addition of the pre-major.	PHED students have struggled to complete program pre-requisites and maintain the required GPA prior to enrolling in the upper level teacher education courses. This change will improve the matriculation of students. In addition, it will also streamline the student enrollment process as they enter their upper level courses.

#### Upload attachments

#### Reviewer Comments

**Alice Griffin (agriffin) (09/10/20 11:46 am):** Changed the uses of "and" to "&" in program requirements in order to be consistent with the title that was submitted for approval.

**Alice Griffin (agriffin) (09/10/20 12:09 pm):** Revised scheduled program review date to match CAEP approval letter from 2019-2020.

**Alice Griffin (agriffin) (09/11/20 3:58 pm):** There were no program changes made to establish the pre-phed CIM block. Therefore, these changes, along with the General Education curriculum may be processed administratively.

**Lisa Kulczak (lkulcza) (09/11/20 6:19 pm):** Rollback: Per request from Alice

**Alice Griffin (agriffin) (09/16/20 3:33 pm):** CORRECTION: Program redefined admission criteria. Therefore, it requires campus approval.